



## CGC Covid-19 Procedures & Protocols - Espresso Women's Choir

### SCREENING:

- Before leaving home, all choristers are asked to self-screen for symptoms before attending using the [Alberta Health Daily Checklist](#).
- Choristers should remain at home if they are feeling sick in any way or if they have been exposed to someone who has tested positive for COVID-19 in the last 14 days.
- Choristers who have travelled outside the country should abide by the Government of Canada's current policy for travellers returning to Canada. <https://travel.gc.ca/travel-covid>
- A signed waiver will be required for each Chorister in attendance and only needs to be completed once.
- The option to participate virtually through Zoom is available, although the primary focus will be on in-person instruction.

### SINGING and REHEARSAL PROTOCOLS:

- Choristers should enter and exit through the front doors of the facility.
- All choristers are asked to use the provided hand sanitizer at minimum on arrival and departure.
- Choristers will be arranged with spacing in mind.
- Singing will occur in a room approved by an AHS inspector with high ceilings and is equipped with an updated air-to-air exchanger.
- Choristers, volunteers and staff are required to wear face masks indoors at all times; both when singing and not singing.
- Choristers may unmask to take a sip of water or have a quick snack at the designated break time. Otherwise, breaks are to be masked.
- Choristers are asked to bring their own masks. Please make sure it is clean and in good condition each rehearsal. A disposable mask will be provided to those who were unable to bring their own.

**We strongly encourage vaccinations for all eligible choristers.**